

ÖKK NATURE

Recognised alternative medicine therapy methods

RT no.	Naturopathic practices
1	Bloodletting
219	Purging procedures
31	Artificial leech method (Baunscheidt)
44	Leeches
51	Colon cleansing
65	Electro-acupuncture as per Voll / Bioelectronic function diagnostics
91	Homeopathy, traditional
95	Hydrotherapy
220	Hydrotherapy
104	Kneipp therapy / Hydrotherapy
142	Ozone therapy
145	Phytotherapy, western
168	Oxygen multi-step therapy
169	Cupping
RT no.	Traditional Chinese medicine (TCM)
5	Acupuncture
9	An-Mo / Tui-Na
64	Electro-acupuncture
108	Laser-acupuncture
124	Moxa / Moxibustion
136	Ear acupuncture
146	Phytotherapy
170	Cupping

RT no.	Further alternative medicine therapy methods
3	Acupressure
6	Acupuncture massage
7	Alexander technique
13	Respiratory therapy
26	Ayurveda medicine
29	Bach flower therapy
38	Bioresonance therapy
53	Craniosacral therapy
61	Auto-sanguis graduated therapy
78	Feldenkrais method
81	Foot reflexology massage
82	Foot reflexology massage
89	Eurythmy
100	Kinesiology
111	Lymphatic drainage, manual
112	Lymphatic drainage, manual
119	Meridian therapy
141	Osteopathy / Etiopathy
223	Osteopathy (GDK diploma)
163	Reflex zone massage
240	Reflexology therapy
166	Rolfing / Structural integration
172	Shiatsu
192	Trager therapy

Benefits are covered provided the therapist or doctor is recognised by ÖKK. ÖKK maintains a list for this purpose, which is available on request. Benefits for alternative medical treatments that are not carried out by recognised doctors and therapists are covered in accordance with GIC ÖKK NATURE Art. 2.1.2.